

In the Name of God, the Most Gracious, the Most Merciful



Al-Quds Open University

Faculty of Educational Sciences

Self-guidance card for Counseling and Mental Health

The International Program

Name:.....Student no. Number of credit hours required for graduation: (132) hours

Level	Course Title	Course Code	No. of Credit Hours		pre-requisite
			Theoretical	Practical	
1 st . Year	Learn How You Learn	0101	3	-	-
	History of Jerusalem	010 2	3	-	-
	Arabic Language (1)	0111	3	-	-
	Islamic Culture	0206	3	-	-
	Principles of Psychology	3110	3	-	-
Total					15 Hours
S2	Course Title	Course Code	No. of Credit Hours		Pre-requisite
			Theoretical	Practical	
	Educational Curriculum	5103	3	-	
	Computer	010 2	2	1	-
	Life skills	0106	3	-	-
Principles of Counselling & Mental	3110	3	-	-	

	Health				
	Mental Health	3339	3	-	1/3110
	Total				15 Hours

Level	Course Title	Course Code	No. of Credit Hours		pre-requisite
			Theoretical	Practical	
F 3	English (1)	0113	3	-	-
	Learning Difficulties	5266	3	-	-
	Educational Psychology	5114	3	-	-
	Adapting and Mental Health Care	5216	3	-	-
	Learning Technology	5300	2	1	-
	Voluntary Work	0105	0	-	-
	Total				
F4			No. of Credit Hours		pre-requisite
			Theoretical	Practical	
	Palestine and the Palestinian Cause	0205	3	-	
	Instructional Design	5302	3	0	0/5202 1/5202 0/5300
	Uses of Computer in Counseling and Mental Health	5373	2	1	-
	Evolutionary Psychology	5111	3	-	-
	Social Psychology	3105	3	-	-
Counseling and Psychotherapy theories and their applications	5117	3	-	-	
Total					18 Hours

Level	Course Title	Course code	No. of Credit Hours		Pre-requisite
			Theoretical	Practical	
	An Introduction to Special Education	5145	3	-	-

S5	Research Methodology	5303	3	-	-
	Principles of Marriage and Family Counselling	5470	3	-	-
	Counselling through Play (Play Therapy)	5215	3	-	-
	Counselling Process and its programs	5270	3	-	-
	Free Elective Course	-	3	-	-
S6	Total				18Hours
	Course Title	Course code	No. of Credit Hours		Pre-requisite
			Theoretical	Practical	
	Problems of Childhood and Adolescence	5271	3	-	
	Principles of Personality Theories	5275	3	0	-
	Field training in Counselling and Mental Health (1)	5379	1	2	-
	Measurement and Evaluation in learning and Teaching	5320	3	-	-
	Professional Counseling	5219	2	1	-
	Free Elective Course	-	3	-	-
	Total				18Hours

Level	Course Title	Course Code	No. of Credit Hours		Pre-requisite
			Theoretical	Practical	
S7	Evaluation and Diagnosis in Counseling and Mental Health	5371	3	-	0/5320
	Rehabilitation Counseling	5374	3	-	-

4 th Year						
	Field Training in Counseling and Mental Health (2)	5473	1	2	0/5170	
	Ethical and Legal issues in Counseling and Mental Health	5370	3	-	-	
	Free Elective Course	-	3	-	-	
	Behavior Modification	5412	3	-	-	
	Total				18 hours	
	S8	Course Title	Course Code	No. of Credit Hours		Pre-requisite
				Theoretical	Practical	
		Counseling for People with Special Needs and their Families	5448	3	0	0/5145
		Mental Disorders	5472	3	-	0/5170
	Field Training in Counseling and Mental Health (3)	5479	1	2	0/5473	
	Group Counseling and its Techniques	5471	3	-	0/5170	
	Graduation Project	5499	1	2	0/0204 1/0204 0/5303	
	Total				15 Hours	